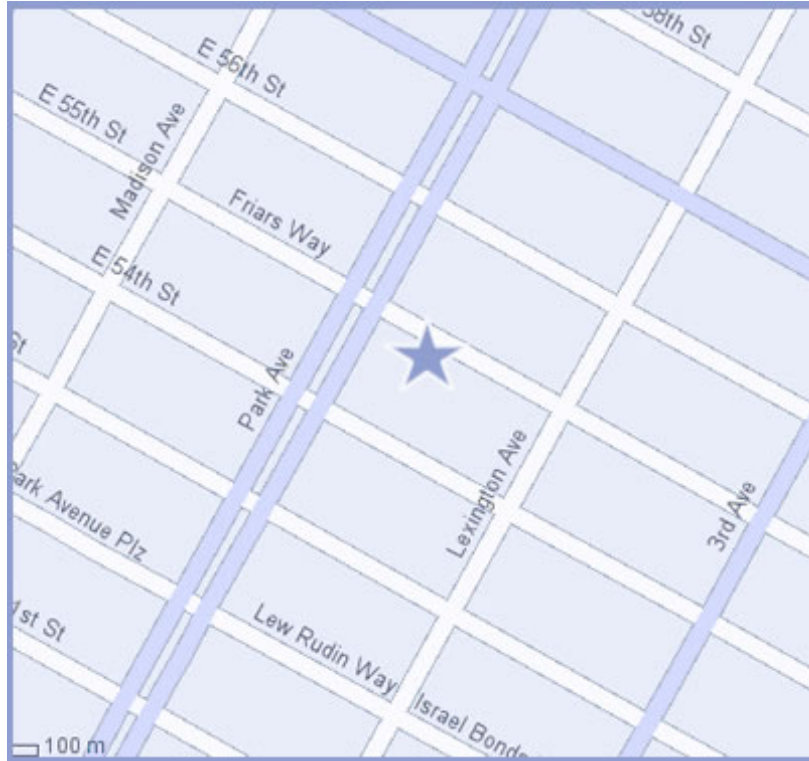


Christopher L. Barley, M.D.

**CBMD**  
*Internal Medicine*



### DRIVING DIRECTIONS

**From Connecticut** - Take I-684 South toward New York City/White Plains. Merge onto Hutchinson River Parkway South - go 15.8 mile. Take exit #1/Bruckner Blvd onto Bruckner Blvd toward Cross Expressway/Bruckner Expressway - go 0.6 mile. Take left ramp onto I-278 West - go 4.6 mile. Take the Randalls-Wards Island/Manhattan/FDR Drive exit onto the Triborough Bridge - go 0.6 mile. Take left ramp onto FDR Drive South toward FDR Drive - go 4.0 mile. Take exit #11/E 53<sup>rd</sup> Street onto E 53<sup>rd</sup> Street - go 0.4 mile. Turn right on 3<sup>rd</sup> Ave. Turn left on E 55<sup>th</sup> Street - go 0.2 mile. Arrive At 110 East 55th Street.

**From New Jersey** - George Washington Bridge. Take exit #2 /Harlem River Drive onto Harlem River Drive toward FDR Drive - go 3.6 miles. Harlem River Drive becomes FDR Drive South - go 3.6 miles. Take exit #11/E 53<sup>rd</sup> Street onto E 53<sup>rd</sup> Street - go 0.4 mile. Turn right on 3<sup>rd</sup> Ave. Turn left on E 55<sup>th</sup> Street - go 0.2 mile. Arrive at 110 East 55th Street.

**From Long Island** - Long Island Expressway. LIE becomes I-495 W. Take I-495 to exit #15 onto Queens Midtown Expressway toward Van Dam Street. Turn right on Van Dam Street - go 0.5 mile. Turn left on Queens Blvd - go 0.4 mile. Take ramp onto Queensboro Bridge - Lower Level - go 1.2 miles. Take ramp toward 2 Ave South. Turn left on 2<sup>nd</sup> Ave. Turn Right on E 55<sup>th</sup> Street. Arrive at 110 East 55th Street.

**From Westchester** - Take I-278 West toward the Triboro Bridge. Take Randalls-Wards Is/Manhattan/FDR Drive exit onto the Triborough Bridge. Take Left ramp onto FDR Drive South toward FDR Drive - go 4 miles. Take exit #11/W 53<sup>rd</sup> Street onto E53<sup>rd</sup> Street - go 0.2 mile. Turn right on 1<sup>st</sup> Ave. Turn left on 55<sup>th</sup> Street - go 0.9 mile. Arrive at 110 East 55th Street.